

## Takeaway Thoughts:

**Repentance:** this means that every day I take responsibility for changing what needs to be changed in my attitudes and my actions.

**Reconciliation:** this means that every day I seek God's forgiveness so that I can live in harmony with him, and I extend his forgiveness to others, so that we may live in harmony together.

**Refreshing:** This means that every day I spend time alone with God, so that he may anoint my head with oil and fill my cup to overflowing, that I may experience times of refreshing in his presence.



## TIMES OF REFRESHING

**Acts 3:19**

#MakeYourMark

#RefreshMe

Sunday, May 17, 2015

*Pastor David Scammell / David@GraceLifeNow.org*

### MY NEXT STEP TODAY IS TO:

- Memorize [Acts 3:19](#) “<sup>19</sup> Therefore repent and turn back, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,”
- Accept Jesus Christ as my Savior and Lord ↻  1st Time  Recommit
- I choose to daily take responsibility for changing what needs to change in me.
- I choose to daily seek God daily for reconciliation with Him and with others.
- I choose to daily spend time alone with God for times of refreshing.
- I will apply today's message by \_\_\_\_\_



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[GraceLife Church](#) • 919 Lincolnwood Lane • Longwood, FL 32750



### UPCOMING EVENTS

- ⇒ May 20 - Wednesday Night Bible Study, 6:45-8:00pm
- ⇒ May 24 - 4th Sunday Family Lunch Fellowship
- ⇒ June 21 - Fathers Day Breakfast
- ⇒ June 28 - 4th Sunday Family Lunch Fellowship

### MEMORY VERSE

“<sup>19</sup> Therefore repent and turn back, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,” Acts 3:19

“<sup>8</sup> For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, <sup>9</sup> not a result of works, so that no one may boast.” Ephesians 2:8-9

“<sup>3</sup> Are you so foolish? Having begun by the Spirit, are you now being perfected by the flesh?” Galatians 3:3

“<sup>6</sup> But Peter said, ‘I have no silver and gold, but what I do have I give to you. In the name of Jesus Christ of Nazareth, rise up and walk!’” Acts 3:6

“<sup>19</sup> Therefore repent and turn back, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,”  
Acts 3:19

## 1. R \_\_\_\_\_

“<sup>19</sup> **Therefore repent and turn back**, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,”

Acts 3:19

μετανοέω = *metanoéō* = repent

Repent = “Literally a change of mind, not about individual plans, intentions, or beliefs, but rather a change in one's attitude about God. Such repentance accompanies saving faith in Christ.” Tyndale Bible Dictionary

## 2. R \_\_\_\_\_

“<sup>19</sup> Therefore repent and **turn back**, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,”  
Acts 3:19

ἐξαλείφω = *exaleíphō* = wiped out/blotted out = erased

“<sup>9</sup> If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” 1<sup>st</sup> John 1:9

“<sup>10</sup> as it is written: “None is righteous, no, not one;” Romans 3:10

“<sup>23</sup> for all have sinned and fall short of the glory of God,” Romans 3:23

“<sup>23</sup> For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.” Romans 6:23

## 3. R \_\_\_\_\_

“<sup>19</sup> **Therefore repent and turn back**, so that your sins may be wiped out, that seasons of refreshing may come from the presence of the Lord,”  
Acts 3:19

“<sup>10</sup> But you have exalted my horn like that of the wild ox; you have poured over me fresh oil.” Psalm 92:10

“<sup>5</sup> You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.” Psalm 23:5

“<sup>16</sup> But Jesus often withdrew to lonely places and prayed.” Luke 5:16